

## **AGE GROUPS 2026 – Mixed teams**

A player must be turning 5 years of age in the current year to be eligible to play.

Female players are automatically permitted to play down one age division - no dispensation is required (this excludes the all-girls' Under 7, 8, 10,11/12 and 13/14 competition).

A player may play up two age divisions – no permission is required from SCCSA

**No male Representative Players to be registered in a club team younger than their representative team, regardless of their date of birth.**

Year Born	Age Group	Ball Size	No of players & max Reserves per team	Game Time
<b>2010/09</b>	16/17	5	11 + 5 reserves	2 X 40 minutes 5 minutes ½ time 4 Players Born 1/7/08 to 31/12/08 can be registered in each team without requiring dispensation
<b>2012/11</b>	14/15	5	11 + 5 reserves	2 X 35 minutes 5 minutes ½ time 4 Players Born 1/7/10 to 31/12/10 can be registered in each team without requiring dispensation
<b>2013</b>	13	4	11 + 5 reserves	2 X 30 minutes 5 minutes ½ time 4 Players Born 1/7/12 to 31/12/12 can be registered in each team without requiring dispensation
<b>2014</b>	12	4	11 + 5 reserves	2 X 25 minutes 5 minutes ½ time 4 Players Born 1/7/13 to 31/12/13 can be registered in each team without requiring dispensation
<b>2015</b>	11	4	11 + 5 reserves	2 X 25 minutes 5 minutes ½ time 4 Players Born 1/7/14 to 31/12/14 can be registered in each team without requiring dispensation
<b>2016</b>	10	4	9 + 3 to 5 reserves	2 X 25 minutes 5 minutes ½ time 3 Players Born 1/7/15 to 31/12/15 can be registered in each team without requiring dispensation
<b>2017</b>	9	4	9 + 3 to 5 reserves	2 X 25 minutes 5 minutes ½ time 3 Players Born 1/7/16 to 31/12/16 can be registered in each team without requiring dispensation
<b>2018</b>	8	3	6 + 3 reserves	2 X 20 minutes 5 minutes ½ time 2 Players Born 1/7/17 to 31/12/17 can be registered in each team without requiring dispensation
<b>2019</b>	7	3	6 + 3 reserves	2 X 20 minutes 5 minutes ½ time 2 Players Born 1/7/18 to 31/12/18 can be registered in each team without requiring dispensation
<b>2021 /2020</b>	6	3	6 + 3 reserves	2 X 20 minutes 5 minutes ½ time 2 Players Born 1/7/19 to 31/12/19 can be registered in each team without requiring dispensation

## **AGE GROUPS 2026 – All-girl's teams**

A player must be turning 5 years of age in the current year to be eligible to play.

In an all-girl's team, female players are not allowed to automatically play down one age division as they are in mixed teams.

A player may play up two age divisions – no permission is required from SCCSA

Year Born	Age Group	Ball Size	No of players & max Reserves per team	Game Time
<b>2013/12</b>	13/14 girls	4	11 + 5 reserves	2 X 30 minutes 5 minutes ½ time 4 Players Born 1/7/11 to 31/12/11 can be registered in each team without requiring dispensation <b>NB: in this competition, female players <u>are not</u> automatically allowed to play down</b>
<b>2015/14</b>	11/12 girls	4	11 + 5 reserves	2 X 25 minutes 5 minutes ½ time 4 Players Born 1/7/13 to 31/12/13 can be registered in each team without requiring dispensation <b>NB: in this competition, female players <u>are not</u> automatically allowed to play down</b>
<b>2016</b>	10 girls	4	9 + 3 to 5 reserves	2 X 25 minutes 5 minutes ½ time 3 Players Born 1/7/15 to 31/12/15 can be registered in each team without requiring dispensation <b>NB: in this competition, female players <u>are not</u> automatically allowed to play down</b>
<b>2018</b>	8 girls	3	6 + 3 reserves	2 X 20 minutes 5 minutes ½ time 2 Players Born 1/7/17 to 31/12/17 can be registered in each team without requiring dispensation <b>NB: in this competition, female players <u>are not</u> automatically allowed to play down</b>
<b>2019</b>	7 girls	3	6 + 3 reserves	2 X 20 minutes 5 minutes ½ time 2 Players Born 1/7/18 to 31/12/18 can be registered in each team without requiring dispensation <b>NB: in this competition, female players <u>are not</u> automatically allowed to play down</b>

## AGE GROUPS 2026 – Senior teams

Year Born	Age Group	Ball Size	No of players & max Reserves per team	Game Time
<b>2010 or before</b>	Senior Men	5	20 players (17 on team sheet)	2 X 45 minutes 5 minutes ½ time
<b>2012 or before</b>	Senior Women	5	20 players (17 on team sheet)	2 X 40 minutes 5 minutes ½ time
<b>1990 or before</b>	O35 Men	5	20 players (17 on team sheet)	2 X 45 minutes 5 minutes ½ time
<b>1980 or before</b>	O45 Men	5	20 players (20 on team sheet)	2 X 45 minutes 5 minutes ½ time 2 Players Born 1990 or before can be registered in each team